

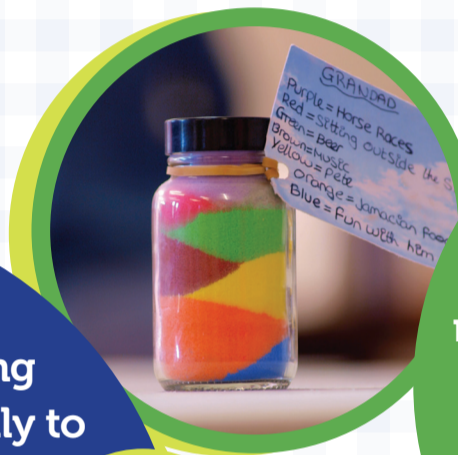
How can YOUR MONEY HELP?

The Purple Picnic week helps to bring back smiles to bereaved children in Norfolk.

Your money could really help change the lives of these young people and here's how...



Raise £10 and buy a Worry Eater, an amazing resource created especially to support anxieties in young people. This is a common emotion following a bereavement, anxieties such as 'I'm worried my Mummy might die too' or 'I'm scared of going to the grave'.



£50 would buy a wide range of resources such as a memory jar, art and crafts for 1:1 sessions or therapeutic work books to support children through their journey of grief.



Raise £130 and you could fund a young person to attend an activity day, an opportunity to meet others in a similar situation and share their stories with children of a similar age helping them feel that they are not alone.



£500 would fund a residential weekend for two children. A weekend packed full of team building, coping strategies and memory work with other children and young people of a similar age, giving them the right tools and confidence to move forward positively with their lives.



Thank you for joining in with the #njpurplepicnic

Nelson's Journey
Purple Picnic
bringing back smiles to bereaved children