

# Emoji Resource

It can be difficult for bereaved children and young people to find the right words to express how they're feeling. Sometimes they find it hard to talk about this.

Emoji's are a great way for children and young people to communicate how they're feeling without talking. The emoji pictures below can be printed and cut out so they can display their feelings and emotions somewhere in the home e.g. hanging on their bedroom door. This can be a way of opening up a conversation about how they're feeling.

